

# Using the NURSING REFERENCE CENTER

**THE NURSING REFERENCE CENTER** is a database that describes point-of-care medicine, specializing in clinical evidence and information about conditions, medications, and diseases. Most results should be in full-text.

You will find quick reference information about diseases, drugs, patient education, and continuing education for nurses in this database. For example, a search of “falls” brings up several fall assessment risk models and tools, legal cases involving accidental falls, treatment information that might prevent falls, and information about possible long-term side effects of falls.

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## Getting started:

1. Go to North Park University Library’s homepage (<http://www.northpark.edu/library>)
2. At the library’s homepage, click on “Databases/Articles.”
3. Select **Nursing Reference Center**.  
If you are accessing CINAHL from off-campus, you will need to enter your North Park login name and password.
4. Enter a search term in the **Find** boxes. (For example, try osteoporosis.) Hit search.
5. Notice that you can now change the search results you see by clicking on the pink tabs at the top of the screen. For example, a search of osteoporosis brings up the following possible limits, among others:
  - *Quick Lessons*
  - *Evidence Based Care Sheets*
  - *Drugs*
  - *Patient Education*
  - *Guidelines*
  - *Legal Cases*
  - *News*
6. When you see your results list, click on the highlighted title of the article in order to read the article.

**Note:** if you are interested in using the continuing education tab in the NRC, you must create an EBSCO account. This is a **free** service that you may use while attending North Park University.