## THE CAREER DEVELOPMENT PROCESS

SELF-EXPLORATION	CAREER	DECISION MAKING &	JOB SEARCH
AND ASSESSMENT	EXPLORATION	INTERNSHIP	CAMPAIGN
(First Year)	(Second Year)	(Third Year)	(Fourth Year)
Actions	Actions	Actions	Actions
•Know yourself: Interests Skills and abilities Values/personal priorities Life experiences	•Learn about careers that match your interests and your: Values Activities Present skills	Gather and organize all information  Narrow options based on experiences and reality (and	•Target and research employers and organizations •Develop networks of contacts
Preferred lifestyle	Future skills	research from prior two stages)	•Survey salary ranges
•Know what you need to develop: Skills Life experiences	•Research career options: Collect information Learn about job market	•Evaluate options based on knowledge of: <u>Self</u> <u>Careers</u>	•Develop or refine interviewing skills
Training Professional image Credibility	outlook Talk to faculty and people in the field	Experiences Choices Goals Job Market Interests Opportunities	•Follow up with potential Employers
•Join organizations to participate	Research occupations and know training expectations	Strengths Training Values	•Interview
in various activities	•Experience various options:	•Understand long- and short-	•Receive offers
<ul> <li>Conduct informal interviews with family, friends and alumni</li> </ul>	Volunteer experiences Activities/organizations	range outcomes of possible choices	•Evaluate offers
•Take ACSR 1030 Career	Full-time positions Part-time positions	•Decide on careers to pursue	•Accept or reject offers
Planning class	Internship Jr. or Sr. year Projects in area of interest	•Develop alternative goals	•Attend Job Fairs -CareerFest
• See Director of Career Development to discuss career	Independent study	•Attend Job Fairs	-TeacherFest
planning and related concerns.		•Do an internship	•Do an internship

## CENTER FOR CAREER DEVELOPMENT & INTERNSHIPS

773-244-5737 773-244-5668 (fax)

http://www.northpark.edu/careerservices

Student Services Center (Lower Level) Hours: 8a.m – 4:30p.m.