

# ACADEMIC PLANNING GUIDE

# PHYSICAL EDUCATION

NORTH PARK UNIVERSITY • CHICAGO • ILLINOIS

Revised August 2011

The Physical Education curriculum is designed to prepare students for teaching careers. Students may qualify for K-12 certification. Students seeking teaching certification must complete the education sequence. Students who do not seek teacher certification may concentrate on a non-school curriculum.

	Fall Semester		Spring Semester	
<b>First Year</b>	<ul style="list-style-type: none"> <li>•NPD 1000: Dialogue I</li> <li>•STAT 1490: Introductory Statistics</li> <li>•Fine Arts Option</li> <li>EXS 1500: Foundations of Exercise and Sport</li> </ul>	4 4 2 4	<ul style="list-style-type: none"> <li>•BIOL 1250: Human Anatomy</li> <li>•BTS 1850: Introduction to the Bible</li> <li>•EXS 1000: Personal Health</li> <li>EXS 1600: First Aid/CPR</li> <li>EXS 2800: PE Curriculum 6-12 (BS only)</li> </ul>	4 4 2 2 4
	<b>TOTAL SEMESTER HOURS</b>	<b>14</b>	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>
<b>Second Year</b>	<ul style="list-style-type: none"> <li>•Biblical Studies Option</li> <li>•Culture and Society Option</li> <li>•Science Option (Chemistry or Physics)</li> <li>EDUC 2130: Educational Psychology (BS only)</li> <li>EXS 2700: Motor Experiences for Elementary School Children</li> </ul>	4 4 2 2 4	<ul style="list-style-type: none"> <li>•NPD 2000: Dialogue II</li> <li>EXS 3000: Methods of Teaching Aquatic Skills</li> <li>EXS 3010: Biomechanics</li> <li>EDUC 2140: Curriculum</li> <li>EDUC 2145: Assessment</li> <li>EDUC 2155: Teaching with Technology</li> </ul>	4 2 4 2 2 2
	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>
<b>Third Year</b>	<ul style="list-style-type: none"> <li>•Foreign Language 1010 Option</li> <li>EXS 3160: Exercise Physiology</li> <li>EDUC 3011: Middle School/Adolescent Development</li> <li>EDUC 3170: Instruction in Special K-12 programs</li> <li>EDUC 3430: Survey of Exceptional Learner</li> <li>EDUC 3510: Practicum B Teacher Aiding</li> </ul>	4 4 3 2 3 0	<ul style="list-style-type: none"> <li>•Foreign Language 1020 Option</li> <li>EXS 3140: Team Sports*</li> <li>EXS 3700: Exercise Programming &amp; Leadership</li> <li>EDUC 3130: Social Cultural Diversity</li> <li>EDUC 3407: Methods of Teaching in Middle &amp; Secondary School</li> </ul>	4 4 4 2 2
	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>
<b>Fourth Year</b>	<ul style="list-style-type: none"> <li>EXS 3130: Individual and Dual Sports</li> <li>EDUC 3315: Teaching Content Reading and Writing in grades 5-9</li> <li>EDUC 3520: Practicum C Mini Teaching Elective</li> <li>Elective</li> </ul>	4 2 1 4 4	<ul style="list-style-type: none"> <li>EDUC 4110: Student Teaching</li> <li>EDUC 4120: Student Teaching</li> <li>EDUC 4600: Educational Philosophy Capstone: Seminar for Student Teaching</li> </ul>	6 6 2
	<b>TOTAL SEMESTER HOURS</b>	<b>15</b>	<b>TOTAL SEMESTER HOURS</b>	<b>14</b>

\* Course meets a general education requirement

The Academic Planning Guide is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of a faculty advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered the institution.

