Academic Planning Guide - Athletic Training

North Park University

effective with 2015-2016 Catalog

Major Requirements

Required Semester Hours for BS **: 64 semester hours**

Prerequisites and Supporting Courses **: 10 semester hours**

- [ ] BIOL 1250: Introduction to Human Anatomy (4) - meets Life Science Requirement
- [ ] EXS 1000: Personal Health (2) - meets Health and Well-Being Requirement
- [ ] EXS 1600: First Aid/CPR (2)
- [ ] EXS 1610: Introduction to Athletic Training (2)

Required Core Courses **: 52 semester hours**

- [ ] BIOL 2930: Advanced Human Physiology (4)
- [ ] EXS 2100: Practicum I (2)
- [ ] EXS 2110: Practicum II (2)
- [ ] EXS 2300: Orthopedic Assessment I (4)
- [ ] EXS 2350: Prevention and Care of Athletic Injury (2)
- [ ] EXS 2400: Orthopedic Assessment II (4)
- [ ] EXS 2950: Sports Psychology (2)
- [ ] EXS 3010: Biomechanics (4)
- [ ] EXS 3070: Evidence Based Practice (2)
- [ ] EXS 3100: Practicum III (2)
- [ ] EXS 3110: Practicum IV (2)
- [ ] EXS 3160: Exercise Physiology (4) - meets Writing Research designation
- [ ] EXS 3180: Nutrition (2)
- [ ] EXS 3300: Therapeutic Exercise (4)
- [ ] EXS 3400: Therapeutic Modalities (4)
- [ ] EXS 4100: Practicum V (2)
- [ ] EXS 4110: Practicum VI (2)
- [ ] EXS 4300: Athletic Training Administration (2)
- [ ] EXS 4400: Senior Seminar (2)

The Academic Planning Guide is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of a faculty advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered the institution.

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Core Curriculum

Starting with the framework of North Park's identity as a Christian, liberal arts institution, our Core Curriculum is intentionally multi-disciplinary and multi-year. It is set up as a progress through three areas: Foundation Courses, Explorations Courses, and Capstone Courses.

http://www.northpark.edu/Academics/Undergraduate-Studies/Core-Curriculum

Foundations

Preparing for more in-depth work in both the Core Curriculum and your major

	Cornerstone Seminar (4sh)
	Biblical Studies (4sh)
	Health and Well-Being (2sh) *met by EXS 1000*
	Analytical & Quantitative Reasoning (4sh)
	Global Histories (4sh)
	Modern Languages (8sh)

Explorations

Knowledge in specific disciplines, with strong emphasis on how you can use them in the context of your own life

	Art and Aesthetics (2sh)
	Christian Life & Thought (4sh)
	Life Science (2sh/lab) *met by BIOL 1250*
	Physical Science (2sh/lab)
	Culture and Society (4sh)
	Ethical Reasoning (2sh)

Intermediate Level Writing

Two courses in the context of your major that specifically address writing clearly and doing effective research

	Writing Intensive Course (4sh)
	Research Writing Course (4sh) *met by EXS 3160*

Keystone

Interdisciplinary integration of skills and knowledge applied to contemporary social issues

	Keystone Seminar (4sh) *Not required for Athletic Training majors*

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