

# NORTH PARK UNIVERSITY TRACK & FIELD



## Men's Indoor Track & Field Records

Event	Name	Time/Mark	Year
55 Meters	Ahkeem Waterford/Randle Williams	6.54	2003
200 Meters	Ahkeem Waterford	23.04	2004
400 Meters	Craig Hancock	49.89	2000
800 Meters	Nick Schiller	1:58.30	1991
1500 Meters	Dan Dietrich	4:04.10	1987
Mile	Niles Batdorf	4:21.1	1973
3000 Meters	Dan Dietrich	8:45.7	1987
2 Miles	Dave Valentine	8:59.1	1983
3 Miles	Dave Valentine	13:48.0	1983
5000 Meters	Dave Valentine	14:16.8	1983
55M Hurdles	Dan Breems	7.68	1998
4x 200M Relay	Waterford, Britten, Wilks, Williams	1:32.00	2003
4x 400M Relay	Breems, Hancock, Nelson, Pena	3:26.8	2000
4x 800M Relay	Abramson, Johnson, Farnum, Gruenewald	8:08.68	2003
Sprint Medley 400-200-200-800	Bridges, Breems, Chanthavong, Nelson	3:50.59	1998
Distance Medley 1200-400-800-1600	Coleman, Faetz, Flores, Murray	10:44.2	1976
Long Jump	Giles Travis	6.95m/ 22' 9 ¾"	2001
Triple Jump	Dan Johnson	13.48m/ 44' 2 ¾"	1985
High Jump	Dave Koch	1.95m/ 6' 4 ¾"	1992
Pole Vault	Tom Ondras	3.97m/ 13' 0"	1988
Shot Put	Robert Saylor	15.46m/ 50' 8 ¾"	1980
35lb Wt. Throw	Will Mejia	15.63m/ 51' 3 ½"	2003